

SESSION 4: PEACE IN CHAOS

• **Welcome & Review Last Week's Homework/LIFE Starters: 15 minutes**

• **Session #4 Teaching: Can YOU have peace?: 5 minutes**

Many Christians crave a conflict free environment which cause many to slip into an attempt of "keeping the peace." Most people crave internal and external peace. Why, then, does it seem that chaos is the norm? It may seem like you are living in chaotic times, as the issues that are plaguing your world and community have turned your live upside down. Peace and security have been disrupted. It can be quite easy to allow, every moment to be met with fear and anxiety, adding stress to your already chaotic life. There are growing divides over most issues faced in the modern culture.

So, how can you have peace with so much chaos?

Turn to Jesus. He is the source of peace, promising peace *"at all times and in every situation"* (2 Thessalonians 3:16). If you don't have peace, you can turn to Him and He will give you HIS peace. There is no true or lasting peace outside of God. He is the God of peace.

Biblical truths about having peace in the midst of chaos:

• **God's peace is different than the world's peace.** *"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."*
– John 14:27 (ESV)

• **God's peace is reserved for those who trust in Him.** *"You keep him in perfect peace whose mind is stayed on you, because he trusts in you."* – Isaiah 26:3 (ESV)

• **God's peace will guard your heart and mind.** *"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."*
– Philippians 4:6-7 (ESV)

• **God's peace is a blessed gift.** *"May the Lord give strength to his people! May the Lord bless his people with peace!"* – Psalm 29:11 (ESV)

• **God's peace is available in times of suffering.** *"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."*
– John 16:33 (NIV)

Take time to pray that God fills your hearts with **His** peace, removing all worry, anxiety, and fear. Ask God to help you trust God in times of uncertainty and chaos.

Small Group Discussion: 20 minutes

Discuss how God's peace is different than the world's peace.

•Which Scripture from today's discussion is the easiest to live out and which is the hardest? Discuss them together and why.

Pray Together: God, fill our hearts with your peace. Remove all worry, anxiety, and fear. Help us to trust You in times of uncertainty and chaos.

Small Group Wrap-Up: 10 minutes

•What were the biggest take-aways and personal commitment from your small group time?

•What is ONE thing that you will do different this week in order to make needed changes that came up in today's study?

SESSION #4

WK. 4 DEVO 1

Read John 14

L=Listen in your journal by writing the date and the Scripture you're studying. After you've read the passage a few times, focus on a verse or two that stands out to you and then write out those verses in your journal.

I = Investigate the context around today's Scripture reading. To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text? Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#).

F=Focus to the text to make it applicable for your own life. What is God saying to you personally through this passage? How can you apply what you've read?

E = Engage God. This can either be a short prayer or an action that you can take that day after reading the text. Is there a command to follow in the text? How are you different because of what you've learned?

SESSION #4

WK. 4 DEVO 2

Read Isaiah 26

L=Listen in your journal by writing the date and the Scripture you're studying. After you've read the passage a few times, focus on a verse or two that stands out to you and then write out those verses in your journal.

I = Investigate the context around today's Scripture reading. To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text? Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#).

F=Focus to the text to make it applicable for your own life. What is God saying to you personally through this passage? How can you apply what you've read?

E = Engage God. This can either be a short prayer or an action that you can take that day after reading the text. Is there a command to follow in the text? How are you different because of what you've learned?

SESSION #4

WK. 4 DEVO 3

Read Philippians 4:1-9

L=Listen in your journal by writing the date and the Scripture you're studying. After you've read the passage a few times, focus on a verse or two that stands out to you and then write out those verses in your journal.

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F=Focus to the text to make it applicable for your own life. What is God saying to you personally through this passage? How can you apply what you've read?

E = Engage God. This can either be a short prayer or an action that you can take that day after reading the text. Is there a command to follow in the text? How are you different because of what you've learned?

SESSION #4

WK. 4 DEVO 4

Read John 16:16-33

L=Listen in your journal by writing the date and the Scripture you're studying. After you've read the passage a few times, focus on a verse or two that stands out to you and then write out those verses in your journal.

I = Investigate the context around today's Scripture reading. To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text? Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#).

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