

## **SESSION 5: OBEDIENCE & REPENTANCE**

### **Welcome and Review Last Week's Homework: 15 minutes**

Discuss how you assessed "*respect*" in your home this week.

### **Session #5 Teaching: Obedience & Repentance: 15 minutes**

Obedience is NOT something that happens on an island, or over night! It is the outcome of everything we've discussed so far and again, it starts with how YOUR model as a parent and how you set your expectations as a family. There is a Biblical standard that God wants us to maintain, both as followers and leaders and that moral standard cannot change, even though we may all arrive at that standard on slightly different paths. As we discuss obedience today, we need to talk about our own moral standard and how we might need to adjust OUR obedience to God in order to expect our family to follow that lead. Also, our lack of obedience leads to a need and understanding of repentance. We ALL need to repent more often and expect the same from our children.

All of this starts with communicating and holding to your expectations in a consistent fashion.

Once we set our standards, we need to stick to them.

- **Stop threatening and repeating. No more "counting to 3!"**
- **Stop bribing.**
- **Stop negotiating with your children and giving too many choices.**
- **Expect FIRST-time obedience. It all starts with better communication!**

### **Read Colossians 3:21**

Start being MORE consistent in YOUR parenting! Slow down, look them in the eye and hold your ground! Make sure they engage you with a verbal response. "Yes, Mommy," or "Yes, Daddy!" Make sure to praise your kids more than reprimanding them!

### **Small Group Discussion: 15 minutes**

- Are YOU modeling obedience? To God? To your spouse? Do you snap at your spouse or at the kids when asked for attention? Are YOU letting YOUR YES be YES and your NO be NO? Stop saying maybe...Discuss
- Discuss how you give your kids too many choices.
- Will you enforce having your kids respond when you engage them?
- How will YOU talk about obedience AND repentance with your family?

### **Small Group Wrap-Up: 10 minutes**

What did you cover in your small group time?

What were the biggest take-aways and action items?

### **Discuss This Week's Homework: 5 minutes**

- Start giving your family a 5-minute warning.
- Remove the "gray area" communication. Assess how often you communicate "maybe" instead of saying YES or NO!
- Assess your consistency in both reprimands and reward.
- Do this week's LIFE Starter Journaling about your OWN commitment to repentance

# SESSION 5: Weekly Devotional: Day 1

## Read Acts 3:19-21 again

Journal about repentance and a "time of refreshing" because of your willingness to repent.

**L=Listen:** In your journal, write the date and the Scripture you're studying. After you've read the passage a few times, listen to the Holy Spirit and focus on a verse or two that stands out to you and then write out those verses in your journal. Writing helps you remember the verses...

.....

.....

.....

**I = Investigate:** the context around today's Scripture reading. To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text? Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#)

.....

.....

.....

.....

**F=Focus:** to the text to make it applicable for your own life. What is God saying to you personally through this passage? How can you apply what you've read?

.....

.....

.....

.....

**E = Engage:** God. This can either be a short prayer or an action that you can take that day after reading the text. Is there a command to follow in the text? How are you different because of what you've learned?

.....

.....

.....

.....

.....

.....

# SESSION 5: Weekly Devotional: Day 2

## Read Acts 3:17-26

What does repentance mean to you? What sin do you need to turn from?  
Without naming it, you can't have victory over it!

**L=Listen:** In your journal, write the date and the Scripture you're studying. After you've read the passage a few times, listen to the Holy Spirit and focus on a verse or two that stands out to you and then write out those verses in your journal. Writing helps you remember the verses...

.....

.....

.....

**I = Investigate:** the context around today's Scripture reading. To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text? Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#)

.....

.....

.....

.....

**F=Focus:** to the text to make it applicable for your own life. What is God saying to you personally through this passage? How can you apply what you've read?

.....

.....

.....

.....

**E = Engage:** God. This can either be a short prayer or an action that you can take that day after reading the text. Is there a command to follow in the text? How are you different because of what you've learned?

.....

.....

.....

.....

.....

.....

# SESSION 5: Weekly Devotional: Day 3

## Read Acts 2:14-40

Review verse 38 and journal about what it means to you.

**L=Listen:** In your journal, write the date and the Scripture you're studying. After you've read the passage a few times, listen to the Holy Spirit and focus on a verse or two that stands out to you and then write out those verses in your journal. Writing helps you remember the verses...

.....

.....

.....

**I = Investigate:** the context around today's Scripture reading. To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text? Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#)

.....

.....

.....

.....

**F=Focus:** to the text to make it applicable for your own life. What is God saying to you personally through this passage? How can you apply what you've read?

.....

.....

.....

.....

**E = Engage:** God. This can either be a short prayer or an action that you can take that day after reading the text. Is there a command to follow in the text? How are you different because of what you've learned?

.....

.....

.....

.....

.....

.....

# SESSION 5: Weekly Devotional: Day 4

## Read Luke 13:1-5

Reflect on **confession, repentance and obedience** and spend time in **Listening Prayer** and reviewing your **LIFE Starter** time for the week. **Make notes to share with your group!**

**L=Listen:** In your journal, write the date and the Scripture you're studying. After you've read the passage a few times, listen to the Holy Spirit and focus on a verse or two that stands out to you and then write out those verses in your journal. Writing helps you remember the verses...

.....

.....

.....

**I = Investigate:** the context around today's Scripture reading. To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text? Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#)

.....

.....

.....

.....

**F=Focus:** to the text to make it applicable for your own life. What is God saying to you personally through this passage? How can you apply what you've read?

.....

.....

.....

.....

**E = Engage:** God. This can either be a short prayer or an action that you can take that day after reading the text. Is there a command to follow in the text? How are you different because of what you've learned?

.....

.....

.....

.....

.....

.....