

# **SESSION 6:**

## **WALK (OR RUN) AWAY FROM EGYPT**

**Welcome, Prayer & Review of LIFE Starter Journaling: 5 minutes**  
**Session #6 Teaching: Out of Your OWN Egypt 10 minutes**

God chose Moses to lead his people out of Egyptian bondage and he patiently worked His plan through Moses' birth and adoption into Pharaoh's own household. **God has the same plan for YOU.** The Israelites found comfort in their slavery and even though it was NOT easy, it was all that they knew. The same concept works for us today. Sometimes we are steeped in sinful behavior and need to choose to "run" the other way, but we also get consumed with good things of this world as well! We get so comfortable in our worldly routine's that we sometime forget there is a better way. God's way!

Our "Egypt" can be bad things **or even good things.** Things that make us busy and take us away from God's purpose for our life. At the end of the day, we all need to believe that God has a bigger calling on our life and often, we need to be willing to get out of our comfort to step into our very OWN **promised land.**

**Deuteronomy 17: 16-17** is a great reminder, as it says, "The king, moreover, must not acquire great numbers of horses for himself or make the people return to Egypt to get more of them, for the Lord has told you, "You are not to go back that way again." He must not take many wives, or his heart will be led astray. He must not accumulate large amounts of silver and gold." So, instead of accumulating worldly possessions and focusing on and identity that this world will bring, it's time to focus more on God and your identity as his chosen children and actually believe that He has a PROMISED LAND for YOU...  
**Personally!**

Today, in our break out groups, we are going to look back at YOUR LIFE AND MARRIAGE and discuss what might be holding YOU back from your very own PROMISED LAND.

**Yes, What is YOUR "Egypt?"**

It's time to trust God, so stop running. Stop trying. Stop pushing. Start resting and trusting in Him...Your Egypt is not too hard for God!

Go back to the questions you answered in Session #1 and discuss them again in light of what you have learned so far in this Life Study. Be willing to make some changes to walk away from the "Egypt" that may be holding your family back.

**Small Group Discussion: 25 minutes**

- Look back at *YOUR LIFE* and discuss what might be holding *YOU* back from your very own *PROMISED LAND*. What is *YOUR "Egypt?"*
- Read Proverbs 3:5-7. Do you trust God to do the job? Do you think God knows about your concerns? Discuss the passage and what it means to trust God in your marriage. Give examples of specific areas that *YOU* need to submit to God.

*Pray together for God to help you identify and remove the "EGYPT" in YOUR life. Each couple should take the time to NAME THEIR EGYPT in prayer and command it to be gone in the name of Jesus. Pray for God's protection this week as the enemy will want to make "EGYPT" look so inviting. Hold each other up in prayer ALL week!*

**Small Group Wrap-Up: 15 minutes**

What were the biggest take-aways and action items? Group Discussion: 15 minutes

**Homework: 5 minutes**

- Read Mark 10:17-27 As you read the story of the RICH and the KINGDOM of GOD, PLEASE don't be like the rich man! If you can relate, make the needed changes TODAY! Finish this week's homework by returning to the assessment you did (see separate PDF) in Session #1. Say a prayer together and then create a

# SESSION #6

## WK. 6 DEVO 1

### **Read Ephesians 5:23-33**

Journal about what YOU can do differently to fulfill your BIBLICAL role as a spouse.

**L=Listen** in your journal by writing the date and the Scripture you're studying. After you've read the passage a few times, focus on a verse or two that stands out to you and then write out those verses in your journal.

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**I = Investigate** the context around today's Scripture reading. To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text? Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#).

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**F=Focus** to the text to make it applicable for your own life. What is God saying to you personally through this passage? How can you apply what you've read?

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**E = Engage** God. This can either be a short prayer or an action that you can take that day after reading the text. Is there a command to follow in the text? How are you different because of what you've learned?

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# SESSION #6

## WK. 6 DEVO 2

### **Read 1 Corinthians 13**

*Are YOU living a life defined by LOVE?*

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# SESSION #6

## WK. 6 DEVO 3

### **Read Colossians 3**

Is YOUR marriage a representation of someone who is "Living as Those Made Alive in Christ?"

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# SESSION #6

## WK. 6 DEVO 4

### **Read Ephesians 6**

*As we step into the next week and the parenting session, journal about training up children for Jesus!*

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