

MENTAL HEALTH RESOURCES:

Therapists:

Katrina Clayton, MA, NCC, LPC

Lifestance Health

17336 Pickwick Dr Suite 101

Purcellville, VA 20132

lifestance.com

katrina.clayton@lifestance.com

703-722-0162

Specialties:

Anxiety, betrayal trauma, bipolar, depression, divorce, marital and relationship issues, occupational difficulties, PTSD, pre-marital, self-esteem, spirituality issues, stress

Laura Mattson, MA

Resident in Counseling

Lifestance Health

17336 Pickwick Dr Suite 101

Purcellville, VA 20132

lifestance.com

laura.mattson@lifestance.com

571-556-6407

Specialties:

Depression, anxiety, self-harm, relationship challenges, attachment issues, self-esteem, adjustment issues, ADHD, Autism, Bipolar Disorder, PTSD, Borderline Personality Disorder, and other trauma and mood related disorders.

Karen Bruecken-Thoden, MA, LPC

Purcellville, VA 20132

mobiletherapyloudoun@gmail.com

571-577-3667

Specialties:

Individuals, families, couples, with emotional health issues and relationship problems. Treats adults with anxiety, depression, grief, low self-esteem, stress, and suicidal impulses.

Emmaus Family Counseling Services

(All therapists are Christian counselors)

20925 Professional Plaza #320

Ashburn, VA 20147

efccva.com

(703) 729-2822

Various specialties, depending on therapist.

Michelle Nelms, MA, LPC

Loudoun Christian Counseling

loudounchristiancounseling.com

loudounchristiancounseling@gmail.com

410-382-1450

Specialties:

Divorce, relationships, boundary issues, depression, anxiety, family system dynamics, co-dependency, past childhood abuse, domestic violence, mother/father wounding, family dysfunction and those seeking spiritual growth

Dan Towery, LPC

Riverside Counseling Center

44084 Riverside Pkwy # 240

Leesburg, VA 20176

riversidecounseling.net

dan.towery@gmail.com

703-724-0200

Specialties:

Trauma, anxiety, depression, stress, anger, ADHD, family issues, works with teens - adults

Medication:

Greg Law, MD (Psychiatrist)

Emmaus Family Counseling Services

20925 Professional Plaza #320

Ashburn, VA 20147

gregorylawmd.com

glawmd@gmail.com

703-436-9941

Specialties:

Medication, Ages 6+, ADHD, Asperger's Syndrome, Depression, Anxiety, Mood Disorders, Spirituality

Ann Carnes, PMHNP-BC (Psychiatric Nurse Practitioner)

Lifestance Health

20925 Professional Plaza #230

Ashburn, VA 20147

lifestance.com

ann.carnes@lifestance.com

703-621-7121

Specialties:

Medication, Ages 18+, Anxiety, Depression, Bipolar, Chronic Pain/Illness/Severe Health, Eating/Weight Concerns, Personality Disorders, Postpartum

Ben Crawford, DO (Psychiatrist)

Riverside Counseling Center

44084 Riverside Pkwy # 240

Leesburg, VA 20176

riversidecounseling.net

703-724-0200

Specialties:

Medication, 16 – 60 years old, depression, anxiety, ADHD, substance abuse recovery

Nicole Ennis, PMHNP (Psychiatric Nurse Practitioner)

Riverside Counseling Center

44084 Riverside Pkwy # 240

Leesburg, VA 20176

riversidecounseling.net

703-724-0200

Specialties:

Medication, 6 years old – 60 years old, autistic spectrum disorders, ADHD, Bipolar, Anxiety, Depression, PTSD, Personality Disorders, Schizophrenia, Eating Disorders, Grief

Psychological Testing:

Jose Osario, MA

Resident in Psychology

199 Liberty St. SW

Leesburg, VA 20175

Lifestance.com

jose.osario@lifestance.com

703-621-7121

Specialties:

Psychological Testing (all ages), trauma, anxiety, depression, learning disabilities, emotional, relational problems, and substance abuse issues

Scott Stapley, PsyD (Psychologist)

Riverside Counseling Center

44084 Riverside Pkwy # 240

Leesburg, VA 20176

riversidecounseling.net

703-724-0200

Specialties:

ADHD and psychoeducational testing (all ages), stress and life adjustments, ADHD, autistic spectrum disorders

Youth for Tomorrow

Terry R Tinsley,

PhD LPC, LMFT, NCC, CSOTP

Associate Vice President YOUTH FOR TOMORROW

11835 Hazel Circle Drive Bristow, Virginia 20136

703-396-7389/Direct 703-631-3360/Main 703-361-4335/Fax

Behavioral Health Services Counseling & Medication Management

(Children, Adolescents, Adults, Couples, etc) - Locations:

1. 9720 Capital Court # 303 Manassas, VA 20110
2. 6611 Jefferson Street, First Floor Haymarket, VA 20169
3. 14000 Crown Court, #101 Woodbridge, VA 22193
4. 19415 Deerfield Avenue #101 Lansdowne, VA 20176
5. 6800 Backlick Road #300 Springfield, VA 22150
6. 20 Rock Pointe Lane Warrenton, VA 20186

Initial Scheduling 703.659.9900

Cornerstone Family Counseling

10372B Democracy Lane Fairfax, VA 22030

703-591-2551

703-257-4127 (Manassas)

www.cornerstonecounseling.org

Meier Clinics

3959 Pender Drive Suite 305 Fairfax, VA 22030

703-383-8333

www.meierclinics.org

McLean Christian Counseling

<https://www.mcleanchristiancounseling.com>

Mary Ann Morgan, MA, NCC, LCPC, LPC

Adelle Ritchey, BSN, MS, NCC, LCPC, LPC

Gail Thompson, LPC

Emotional, Behavioral, and Spiritual Problems

Disruptive Moods/Depression

Stress/Anxiety

Compulsive Behaviors

Grief/Loss

Marital, Premarital and Family Issues

Relationship Concerns (couples, singles and others)

Women's/Men's Issues

Abuse/Trauma

Life Transitions

Adolescents

Veritas Counseling

www.counselingtruth.com

Depression, Anxiety, Trauma

Family Therapy and Marriage Counseling

Children's Counseling