

BFL Resource Page

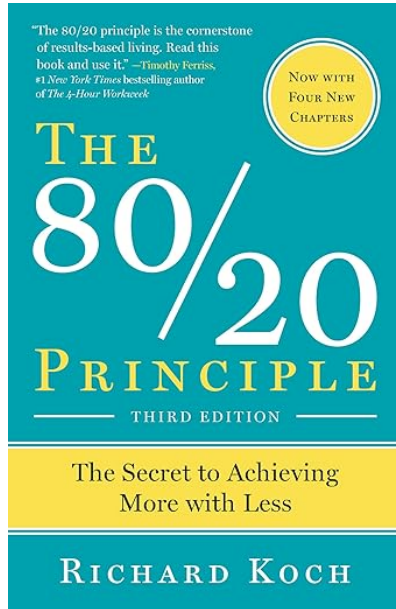
Session #2: September 2025

“Making Room for What Matters: Time, Priorities, and the 80/20 Principle”

The 80/20 Principle: The Secret to Achieving More with Less

by [Richard Koch](#)

See: <https://a.co/d/7fGDa5M>

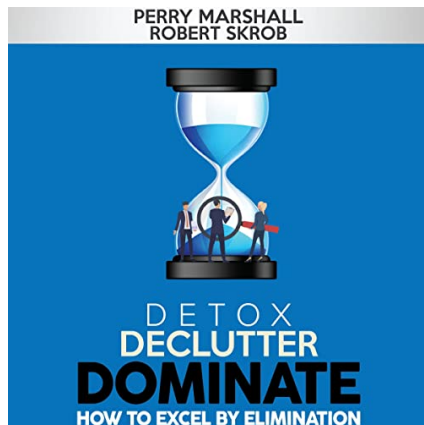


The 80/20 principle is one of the great secrets of highly effective people and organizations. Did you know, for example, that 20 percent of customers account for 80 percent of revenues? That 20 percent of our time accounts for 80 percent of the work we accomplish? The 80/20 Principle shows how we can achieve much more with much less effort, time, and resources, simply by identifying and focusing our efforts on the 20 percent that really counts. Although the 80/20 principle has long influenced today's business world, author Richard Koch reveals how the principle works and shows how we can use it in a systematic and practical way to vastly increase our effectiveness, and improve our careers and our companies. The unspoken corollary to the 80/20 principle is that little of what we spend our time on actually counts. But by concentrating on those things that do, we can unlock the enormous potential of the magic 20 percent, and transform our effectiveness in our jobs, our careers, our businesses, and our lives.

Session #3: October 2025

“Decluttering Your Life to Focus on What Matters Most”

Based on the book: Detox, Declutter, Dominate by Perry Marshall & Robert Skrob



See: <https://a.co/d/3WJR2gb>

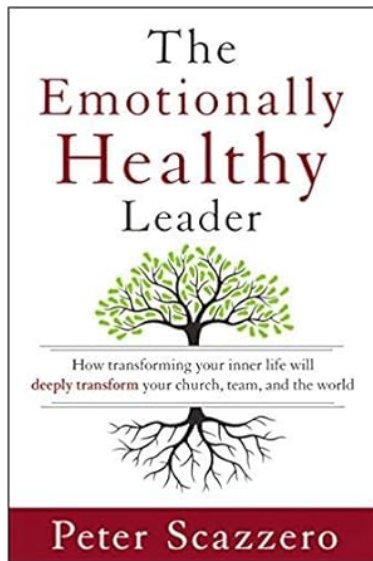
In a world of noise, clutter, and constant distraction, we're called to lead differently. This October, we'll build on the 80/20 principle by asking deeper spiritual questions:

- What do I need to **remove** to hear more clearly from God?
- What is keeping me **stuck** in busy but fruitless patterns?
- How can I simplify my life and leadership to make room for God's best?

This session will offer **clarity, challenge, and freedom**—both practically and spiritually.

Session #4: November 2025

“Building a High-Performance, Christ-Centered Team”



Through the Lens of Emotionally Healthy Leadership

See: <https://a.co/d/gUHNipz>

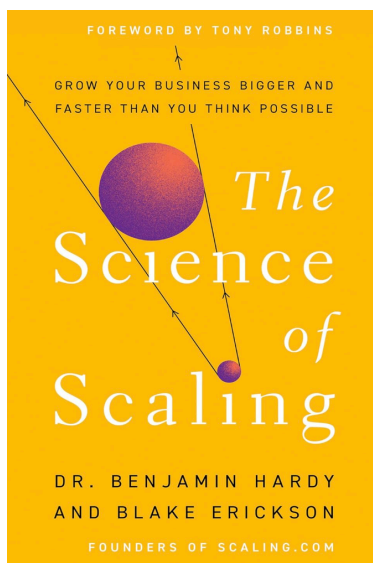
This November, we'll shift from personal priorities (Session #3) to the **people we lead**. Great teams don't happen by accident—they are built through trust, clarity, emotional maturity, and shared purpose.

Together, we'll explore:

- *How emotionally healthy leadership shapes the health of your team*
- *Why unresolved conflict, control, or insecurity undermine team unity*
- *How to foster safety, purpose, and Spirit-led collaboration*
- *How to invite the Holy Spirit into your team rhythms and decision-making*

Session #5: December 2025

“Stretch Vision: Building a Christ-Centered Strategy for 2026: Through the Lens of The Science of Scaling & Spirit-Led Planning”



The Science of Scaling: Grow Your Business Bigger and Faster Than You Think by Dr. Benjamin Hardy

See: <https://a.co/d/gV2D0J8>

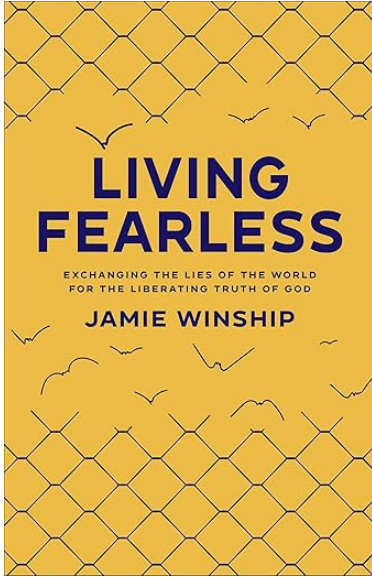
What if scaling wasn't about working harder—but seeing your business through an entirely new lens?

Are you stuck growing 10–20% a year while dreaming of bigger impact—and wondering why scale feels out of reach?

Here's the hard truth: linear growth isn't just slow—it's a sign your business is heading toward stagnation. Research shows that businesses that don't scale quickly usually fail altogether. Why? Because most leaders are focused on the wrong things, operating from the wrong assumptions, and setting the wrong goals.

Session #6: January 2026

“Overcoming Lies to Become a True Leader in Your Identity in Christ” *Inspired by Jamie Winship’s “Living Fearless”*



See: <https://a.co/d/dFV9WYw>

Session #6 draws directly from Jamie Winship’s book *Living Fearless* and invites leaders to examine how hidden lies — not circumstances — often shape their leadership, decisions, and reactions. The session centers on the biblical truth that **identity precedes behavior**, and that lasting freedom comes from living in alignment with who God says we are.

Using Winship’s framework of **identity → truth → peace → fruit**, the session introduces a simple Identity Worksheet that helps leaders name one lie to release, one truth to embrace, and one area where God is calling them to lead differently in 2026. The emphasis throughout is on listening before planning and allowing God’s voice — not fear — to set direction.

Session #6 equips leaders to step into the new year grounded in truth, freedom, and confidence rooted in Christ.

ZOOM Video Session: See link below:

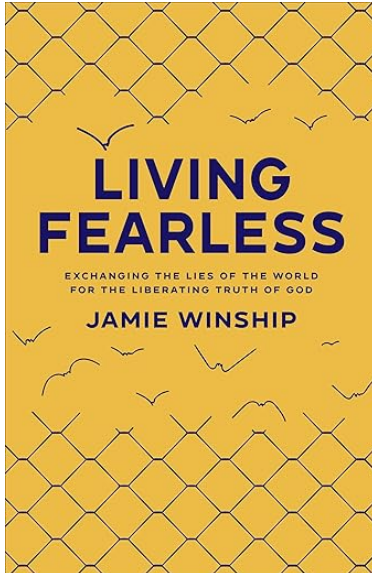


Session #7: February 2026

“Spiritual Leadership: Leading from Identity, Not Insecurity”

Inspired by Jamie Winship’s *Living Fearless*

See: <https://a.co/d/dFV9WYw>



Session #7 builds directly on January’s identity foundation and challenges leaders to actively **lead from truth rather than insecurity**. While January focused on identifying lies, February centers on how those lies quietly shape leadership behaviors—people-pleasing, avoidance, striving, control, and fear-based decision-making.

Drawing from *Living Fearless*, this session explores how spiritual authority flows from **identity before action**, and how leaders can recognize when insecurity—not the Spirit—is driving their leadership. Participants are invited to examine current leadership patterns and discern what truth God is inviting them to embrace in each area.

Using the **Spiritual Leadership Worksheet**, leaders prepare to bring one lie that has influenced their leadership, one truth God is speaking, and one area where He is calling them into courage in 2026. The emphasis is not on fixing behavior, but on aligning leadership with truth, peace, and freedom in Christ.

Session #7 equips leaders to move beyond awareness into action—leading with clarity, confidence, and spiritual authority that impacts teams, workplaces, and culture for the Kingdom.

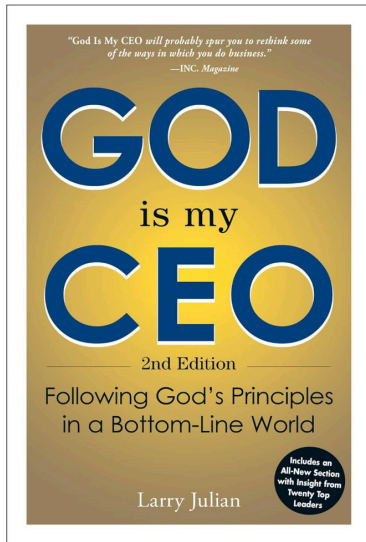
ZOOM Video Session: See link below:



Session #8: March 2026

“Purpose Over Profit: Using Business as a Platform for Kingdom Impact”

Inspired by Larry Julian’s *God Is My CEO*



See: <https://a.co/d/0ijAxwKe>

Session #8 brings the winter journey full circle by moving from identity and spiritual leadership into tangible marketplace impact. After grounding leaders in who they are in Christ, this session challenges participants to rethink success through the lens of stewardship rather than accumulation.

Drawing from *God Is My CEO*, the session explores how business can become a platform for service, generosity, and witness without sacrificing excellence or strategic thinking. Participants examine the tension between profit-driven leadership and purpose-led stewardship, recognizing that profit is a tool, not the ultimate goal.

Using a Purpose Alignment Worksheet, leaders identify one area where their definition of success is shifting, one opportunity to increase generosity or community impact, and one practical step toward aligning business practices with eternal priorities. The emphasis is not on abandoning profitability, but on allowing

purpose to shape how profit is generated and used.

Session #8 also coincides with the culmination of the Tree of Life Food Drive, reinforcing the principle that faith must move from belief into action. Leaders are encouraged to view their organizations as instruments God can use to bless employees, customers, and communities.

Session #8 equips leaders to operate with an eternal perspective—building organizations that thrive financially while serving as vehicles for compassion, integrity, and Kingdom influence.

ZOOM Video Session: See link below:

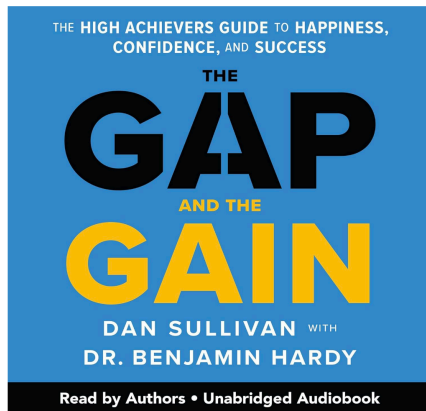


Session #9: April 2026

“Gap and Gain Mindset: Celebrating Progress Over Perfection”

*Inspired by Benjamin Hardy and Dan Sullivan’s *The Gap and The Gain**

See: <https://a.co/d/023JvDRc>



Session #9 shifts focus toward sustainable leadership by addressing one of the most common hidden sources of burnout and discouragement: living constantly in “the Gap.” Many leaders measure themselves against ideal outcomes, future goals, or others’ success, which creates chronic dissatisfaction even when meaningful progress has been made.

Drawing from *The Gap and The Gain*, this session introduces a biblical framework for gratitude, remembrance, and contentment while still pursuing growth. Participants learn how focusing on progress rather than comparison restores motivation, strengthens resilience, and produces healthier leadership.

Using a Progress Reflection Worksheet, leaders identify key areas of growth over the past year, recognize wins they have overlooked, and clarify what God has already done in their lives, teams, and businesses. The emphasis is not on lowering standards, but on grounding ambition in gratitude rather than pressure.

The session also explores how leaders who operate from the “Gain” cultivate stronger cultures by celebrating milestones, reinforcing purpose, and reducing anxiety-driven performance cycles. This mindset shift creates space for joy, creativity, and long-term sustainability.

Session #9 equips leaders to pursue excellence without perfectionism—leading with gratitude, confidence, and renewed energy as they continue building businesses that honor God and serve others.